August Off-campus Social: Weekend at the Bruce Peninsula - August 17 - 18 2013

The Bruce Peninsula is a beautiful area of Ontario offering lots of outdoors activities such as camping, hiking, swimming, kayaking and scuba diving. Since it takes about 4.5h to drive there, this will be a 2-day excursion with overnight stay in tents or rustic cabins. Tentative date for the trip: **Saturday August 17 to Sunday August 18**. The area is very popular and places to sleep are very limited so for this trip to be a success we need to know quickly how many people are seriously interested in coming so reservations can be made. Please email Catherine (cmartel6@uwo.ca) ASAP if you would like to join, we will figure out the details later (carpooling, activities).

**What:** 2day excursion to Bruce Peninsula (Tobermory)

**When:** Weekend August 17-18

**Who:** Adults, kids, friends....

Cheers,
Your PAW exec

---

**July Off-campus Social: Beach outing - Saturday, July 20 2013 - UPDATE**

Dear Postdocs,

first we would like to thank everybody who came to the AGM lunch and took time to fill out the PAW survey (also available at www.surveymonkey.com/s/P7S3GRM). This survey will help us organize better professional and social activities.

Join us THIS Saturday for a picnic/BBQ at the Ipperwash beach ! We will arrange for carpooling so that everybody has an opportunity to get out of London and enjoy the beach while the summer lasts. So please let Catherine (cmartel6@uwo.ca) know ASAP if you want to join, if you need a ride or if you can give a ride to people. We will do a potluck-style picnic/BBQ at the beach so bring food or drink that can be shared.

More details on meeting place/time, directions and what to bring can be found [here](#).

Cheers,
Your PAW exec

---

**July Off-campus Social: Saturday, July 20 2013 Picnic / BBQ / Beach**

Hello Western Postdocs,

Hope you are enjoying the summer so far. To fully take advantage of the warm weather, we will have our next social event at the beautiful Ipperwash beach located
on the shore of Lake Huron (http://www.ipperwashbeach.ca/). Weather permitting, we will leave London on Saturday July 20th at 12:30pm and meet up on the beach for an afternoon potluck-style picnic (ie everybody brings a dish or two to share). We will be able to do some grilling as well. Since the beach is located about 45min from London we will need to carpool so that everybody can come. This is a great occasion for the whole family, so don’t hesitate to invite spouse, kids and friends.

**What** : Picnic/BBQ at the Beach  
**When** : July 20th 1pm-whenever  
**Where** : Ipperwash beach, 1h NW of London  
If you are interested in joining, please reply to Catherine (cmartel6@uwo.ca) before next Wednesday (July 17th) and indicate if you need a ride or if you have space in your car for other people. Details of meeting point and directions to the beach will be provided later.

Cheers,  
Your PAW Exec

---

**June Social: Thursday, June 27 2013**

Dear Western Postdocs,  
Please join us for our monthly social at the Gradclub at 4:30pm.  
Hope to see you there!  
Your PAW Exec

---

**SUMMER BBQ and PAW AGM for postdocs - July 16 2013**

Tuesday, July 16th, from 12 pm – 2 pm  
Please register here: http://grad.uwo.ca/events/?id=97  
Delicious lunch sponsored by SGPS

---

**June off-Campus Social : International food festival – June 23rd 2013**

Hello Western Postdocs,
It is the 6th annual “International Food Festival” in London, which features over 50 food vendors offering food from around the world. Along with live music (3 stages, 25 bands over the weekend) and other entertainments such as beer garden & amusement rides. So come out and have a great time with your fellow postdocs, remember to bring your friends and family!!

**Time:** Sunday, June 23rd. 12:30pm

**Location:** Victoria Park

**Admission:** FREE!

Please RSVP to Lorina by June 19th.

Check out photos of PAW’s previous social events on our Facebook page!

---

**Katrina’s Goodbye Party - Thursday May 30, 2013**

Please join PAW for Katrina’s goodbye party at the Grad Club on Thursday, May 30 from 4-6pm.

This is an opportunity to spend time with your fellow postdocs and to thank PAW’s lovely outgoing President for her work and dedication this past year. **Food and good company will be provided!**

---

**2013-2014 – PAW’s executive candidates**

Dear Western Postdocs,

We are happy to announce we have received nominations for all executive positions of the Postdoctoral Association at Western (PAW) for the academic year 2013-2014. Their names, affiliations and nominated positions are:

- **Blake Butler** (Physiology & Pharmacology) – Presidential candidate
- **Jiro Inoue** (Robarts Research Institute) – VP internal candidate
- **Rebecca MacDonald** (Biology) – VP External & CAPS representative candidate
- **Catherine Martel** (Biology) – VP communications and events candidate
- **Onur Ozturk** (Richard Ivey School of Business) – VP finance
• Lorina Naci (Brain and Mind Institute) – Secretary

All candidates have been acclaimed by the outgoing executive committee and have our full support. To formally elect them we also need the voice of the general membership. Since there is only one candidate per position, they will assume those roles, unless there are objections from the membership.

If you object to any of the nominees, please send an email directly to the current President of PAW – Katrina Laurent and the secretary of PAW – Kalin Penevs. We will get back to you and to the candidate(s), without revealing your name, to try to address any issues. The due date for objection submission is: May 24, 2013.

Best regards,

PAW’s 2012-2013 Exec Team.

April Off-Campus Dinner Social - April 26th 2013

Hello Western Postdocs,
This month’s Off-Campus social will be a dinner outing in Downtown. Come and enjoy Hungarian/European cuisine with your fellow postdocs.

**Time:** Friday April 26, 6:30 pm  
**Location:** Budapest Restaurant - 348 Dundace St.
Take a peek at the menu [here](http://).  
**Please RSVP by April 22nd to Lorina at lnaci@uwo.ca**

11th annual National Postdoctoral Association meeting

Our [poster](http://) at the NPA meeting won an award!

2013 Annual Meeting Poster session Winners announced

March Socials !  
**March 17th and March 21st 2013**

Hello Western Postdocs,
March is a special month,  
Come out and enjoy the last bit of winter fun with your fellow Postdocs @ Western. And Of course we cannot forget to celebrate St. Patric’s Day!!  
This means we will have TWO Off-Campus Socials this month.

**Event 1: St Patric’s Day brunch followed by Pub hopping/crawl**  
**Time:** March 17th 11:30 am (St Patric’s Day!!!)  
**Location:** The Morrissey House (starting point)  

After brunch, the group will trace the occurrence of green beer at other downtown bars and may end up at Molly Bloom’s at some point ... Itinerary at this point is quite flexible....
Event 2: Winter Tubing fun!!
Time: March 21st 6:30pm
Location: meet at campus then carpool together to River Valley (%7e20 min from London)
http://www.rivervalleygolfandtube.com/tube.htm
Cost: Wed. & Thurs. Evening special!!
$15/person for 4 hours 6-10pm
Helmet $3.50 (you can bring your own)
These rates are the same for all persons 4 yrs. old & up.
Children under 4 yrs. are not permitted on the slide
Outside food/drink not permitted

Note: weather permitting, we will keep a close eye a few days before the event. Hopefully we can catch the last bit of fun.

Please RSVP to both events by March 15th to Lorina at lnaci@uwo.ca , we would like to make reservation for the brunch and for the tubing. Please indicate if you can give ride or would need a ride for tubing.

MITACS workshops for Postdocs
- Practice your presentation skills (March 6)
- Practice your interview skills (March 7)
- Business & Dining Etiquette (March 8)
Registrations are now open!
click here for more information

Tax return information session - February 28th 2013
Please note that Famme & Co. Professional Corporation – Chartered Accountants will offer one tax session on February 28th, from 12:30 pm – 1:30 pm in University College, room 142. The presentation will be tailored to be relevant to both Canadian and international postdoctoral scholars. Lunch will be provided by the School of Graduate and Postdoctoral Studies.

Off-campus Social -
Saturday February 23th 2013
Hello Western Postdocs,
Bring your friends, bring your family,
Come join your fellow Postdocs at Western to enjoy winter skating at Victoria Park! Then grab a drink at Winks and maybe dinner afterward.
Location: Victoria Park (downtown)
Time: Saturday Feb 23, 3pm
Cost: Free !!
Skate rental available for $6.00
Please RSVP by Feb 20th to Katrina Laurent (kiglic2@uwo.ca)
MITACS workshops for Postdocs

- Foundation of Project management I (Feb 5 and 6)
- Team building excellence (Feb 6)
- Proactive and Practical communications (Feb 7)

Registrations are now open! click here for more information

Postdoctoral Orientation - Thursday January 31st 2013

The School of Graduate and Postdoctoral Studies invites you to attend the January Orientation, to meet new postdocs and important contacts on campus, in addition to learning about various Western services (The Teaching Support Centre, Writing Support Centre, Career Services, Housing, International Services, Western Library, etc.). Food and refreshments will be provided.

Date: Thursday, January 31, 2013  Time: 12:00 -1:00 pm
Location: Health Sciences Addition Room 101 - Building is located between Medical Sciences and Natural Science: campusmaps

If you have not done it yet, please RSVP to mharmos@uwo.ca

Londonlicious - Thursday January 31st 2013

It is time for our monthly Off-Campus Social. Come out and join us to the most delicious event in town, the Londonlicious Festival! This is the best chance to try new restaurants in town with reasonable price! Location: Garlic's of London, 481 Richmond St
Time: Jan 31st, 6:30 pm
Price: $25 dollars for a three course meal!
Menu link: http://www.londonlicious.ca/garlics.html

Please RSVP to Lorina (lnaci@uwo.ca) by Monday 28th

PS: We can also meet at the Monthly Grad Club social at 4:30 pm for a beer or two ;) then head off together for dinner.
**Thursday January 31st 2013**

PAW's on-campus Social

**Time:** January 31st @ 4:30pm  **Location:** Grad club

Once again it’s that time of month for PAW's on-campus Social, which is held the **last Thursday of every month at the Grad club.** Come and join us to meet and mingle with some fellow Postdocs.

---

**Happy new Year!**

2013 is bound to be an exciting year for Postdocs. Don’t miss out on our information sessions, monthly Socials, off-campus or family-friendly events. Join the mailing list by contacting us at: postdocs@uwo.ca